

# Top Ten

## REASONS TO GET VACCINATED AGAINST COVID-19

**1** **IT COULD SAVE YOUR LIFE.** Over 600,000 people in the U.S. and 3.4 million people worldwide have died due to COVID-19.\* All 3 vaccines significantly reduce your risk of dying from COVID-19 infection. \*As of 08/2021

**3** **EMERGENCE OF NEW VARIANTS.** The Delta variant is significantly more contagious than the original strain. This is causing new waves of infection and increased hospitalizations in certain areas. The vaccine has thus far remained effective in preventing severe disease from new variants. Also, the more people who are vaccinated, the less opportunity the virus has to mutate into new variants.

**2** **COVID-19 INFECTION CAN LEAD TO OTHER HEALTH ISSUES.** COVID-19 can lead to hospitalizations and severe organ damage. Some people also experience "long COVID," in which symptoms such as fatigue and pain persist for months after infection. We don't know the long-term health effects that people who survived a COVID-19 infection will experience.

**4** **REDUCE THE SPREAD OF COVID-19.** Protect the vulnerable members of our communities. COVID-19 vaccines reduce your risk of spreading COVID-19.

**five** **PROTECT OUR CHILDREN.** Only people 12 and older are currently eligible for vaccination. While less common than in adults, severe disease can occur in children. They can suffer long-term effects including life-threatening illness.

**6** **PROTECT PREGNANT PEOPLE.** Pregnant people are at greater risk of having severe infection from COVID-19. They are at higher risk of preterm delivery and c-section, putting both pregnant person and baby's lives at risk.

**8** **MOST VACCINE SIDE EFFECTS ARE MILD.** While you may experience some soreness in your arm or fever and chills after vaccination, these are easily treatable with over-the-counter pain medicine and usually only last for 24-48 hours. These side effects are not dangerous and are just a sign of your immune system doing its job.

**seven** **VACCINE SAFETY AND EFFICACY.** The vaccines underwent all phases of clinical trials prior to receiving their Emergency Use Authorization, NO steps from the regular process were excluded. Vaccines have been available to the public for several months and hundreds of millions of doses have been administered, demonstrating their safety and effectiveness.

**nine** **TICKET TO NORMALCY.** Getting vaccinated is the best way to ensure that we will once again be able to go to celebrations, send our children to school without interruption, and safely spend time with family without having to worry about getting them sick.

**10** **TRAVEL SAFELY.** Many countries require visitors to be vaccinated. Make sure you review the most up to date COVID-19 travel policies for both the U.S. and the country you are visiting.

Talk to your health care provider if you have questions about COVID-19 vaccination. To find a location near you visit [vaccinefinder.org](https://www.vaccinefinder.org)

